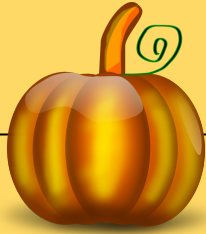


Bend

November 2023 Menu



Prepayment of meals is welcomed and encouraged. Cash or checks are accepted in the cafeteria, the amount tendered will be applied to your child's meal account.


PAY YOUR BILL ONLINE!
Online payment options for student meal accounts are available at: <http://linqconnect.com/>

The District Wellness Policy is available for viewing at: www.evergreenusd.org

Applications for free and reduced meals can be completed at any time during the school year. ALL students who qualify for free or reduced meal prices will receive meals at NO COST.

Menu subject to change.
More specific nutritional information is available upon request.

Please call: (530) 347-3411 ext. 7533 with any questions regarding food service related issues

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Breakfast Bagel w/ Cream Cheese Lunch Chicken Noodle Soup Celery Sticks with Ranch Dinner Roll	Breakfast Yogurt Graham Crackers Lunch Chef Salad with Turkey Tomatoes Baby Carrots	Breakfast Cini-minis Lunch NATIONAL SANDWICH DAY Turkey Bacon Ranch Pita w/ Spinach & Tomatoes Pickle Spear Chips
6	7	8	9	10
Breakfast Hot or Cold Cereal English Muffin Lunch NATIONAL NACHO DAY Super Nacho Refried Beans Bell Pepper Slices	Breakfast Waffles Sausage Lunch Deli Sandwiches String Cheese Broccoli Buds w/ Ranch Chips	Breakfast English Muffin with Cheese Lunch Chili Bowl Corn Cornbread	Breakfast Cereal Bar Lunch BBQ Pulled Pork Sandwich Coleslaw	Veterans Day No School 
13	14	15	16	17
Breakfast Cream Cheese Bagel Lunch Corn Dog Baked Beans Carrot Sticks with Ranch	Breakfast Breakfast Muffin Lunch Walking Taco Lettuce Tomato	Breakfast Mini Pancakes Lunch Turkey Gravy w/ Mashed Potatoes Green Peas Dinner Roll	Breakfast Breakfast Bun Lunch Grilled Ham & Cheese Croissant Celery w/ Peanut Butter Baby Carrots	Breakfast Fall Parfait Lunch Chicken Nuggets Corn Dinner roll
20	21	22	23	24
Intercession Days:		Breakfast Hot or Cold Cereal Wheat Toast Lunch TBD	Breakfast Eggstravaganza Sausage Toast Lunch TBD	Breakfast Pumpkin Muffins Lunch TBD
27	28	29	30	
Breakfast Yogurt & 1/2 Bagel Lunch Fish Sticks French Fries Broccoli Buds w/ Ranch Goldfish Crackers	Breakfast Biscuits & Gravy Lunch Burrito Steamed Corn	Breakfast Glazed French Toast Lunch Spaghetti Mixed Green Salad w/ Tomatoes & Kidney Beans Bread Stick	Breakfast Apple Nachos Lunch Minestrone Soup Cheese Stick Roll	

BREAKFAST
Free for all students!

LUNCH
Free for all students!

ADULT MEALS
Breakfast: \$3.00
Lunch: \$ 5.00
A la Carte Entree: \$ 1.75

MILK
\$.50

Bottled Water
(available to purchase only with cash or money on account)
\$1.00

Choice of 1% white or nonfat chocolate milk is served with each meal.

Fruit Juice is served additionally with breakfast.

Fresh Fruit is served everyday for both Breakfast and Lunch.

Additional vegetables are always available with every lunch as we are an offer vs. serve program.

This institution is an equal opportunity provider.

Thanksgiving Break!

